

RULES FOR PARENT WEEKEND

1. HONESTY.
2. What you see here, what you hear here, what you do here, remains here.
3. No guy-girl relationships. (Expressions of love between mother-son or father-daughter, including phasers, are not considered to be guy-girl relationships.)
4. No borrowing money.
5. Everyone must wear shoes and stockings.
6. No parent-newcomers talking to parent-newcomers.
7. No breaking anyone's anonymity.
8. No talking behind anyone's back.
9. Follow the Chain-of-Command - newcomer to oldcomer to fifth phaser to Parent Staff to Professional Staff.
10. No cameras or tape recorders.
11. No listening to the radio or watching TV.
12. No wearing of jewelry of any kind - wedding rings are OK.
13. No making or receiving telephone calls or letters.
14. All medications must be turned in to Staff upon arrival at the building.
15. No taking of any medication at home or in route without prior Staff permission.
16. Don't be late.
17. No stopping anywhere on the way to or from Parent Weekend. You may pickup and return your phasers to the Building.
18. No talking in the bathrooms or in the parking lot.
19. No overalls or white or "concert" type tee shirts - no dresses.
20. No cosmetics - no makeup.
21. Bring in an MI on Sunday morning. Write your MI Saturday night before going to bed. Follow the same rules that you used during your MI sessions.
22. No watches.
23. No smoking ALL WEEKEND!!!!
24. No reading anything except given to you by Staff.
25. Underwear and bras must be worn.

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Bring two hearty sandwiches, one for lunch and one for dinner on Saturday, in separate bags; bring one for Sunday. Make your own sandwiches. One sandwich per meal is all you are allowed. MARK YOUR NAME CLEARLY ON EACH BAG. If you are on a special diet, you need Staff permission to bring it in.

These Rules apply from the time you wake up on Saturday morning until the end of Parent Weekend.