

5th PHASE BOOKLET

RULES, STANDARDS, AND EXPECTATIONS

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Straight, Inc.

FIFTH PHASERS: You are on 5th phase, which is a big growing part of your program. You are expected to apply yourselves in all your daily affairs, while keeping your priorities in line. So far, your main objectives were to 1) Learn how to keep an honest relationship with yourself 2) Learn how to build a constructive family relationship 3) Achieve progress in schooling and/or work and 4) Learn how to build constructive friendships while working on leisure time. Now as you enter 5th phase, you have new areas to learn about and grow in.

The first area is giving back to the group, or as we call it, really applying your seventh step. We expect your example to be sharp, and we expect you to blend a combination of love and strength that will help others. This is done by relating your feelings to others in group, on one to one's, by dime therapy, by using your awareness on intakes, and maybe co-leading a large or small group rap.

The second area is learning how to associate and build constructive friendships with the opposite sex. This is done by becoming involved in "mixed group permissions", and by listening and applying in the weekly 5th phase raps.

The third area is preparing yourself to seven-step, and to develop in those areas which you will experience after completing your five phases.

In general, 5th phase is serious phase that involves a wide variety of feelings and encounters. It is a combination of all the important areas of being straight, compacted into group raps, parent raps, small group permissions, large group permissions, mixed group permissions, outings, and various activities. 5th phase is a special phase, and by far the most active and important phase of your program. We expect you to apply honesty and follow your seven steps. If you are not meeting

these criteria, you will not find yourself on 5th phase very long. Work hard, put out a lot of effort, and make your 5th phase a positive, bright spot of your Straight program.

#### RULES AND NOTES

1. You are in three days per week and off four days per week.
2. There will be a 5th phase parent rap each 3rd Thursday of each month. All 5th phasers and parents must attend.
3. You do not have to write in permissions to go places as long as you are with your parents or foster parents.
4. You are required to have a small pad of paper with you at all times while in group, for writing obs and notes.
5. You are responsible for use of the 5th phase ob's book. A fifteen minute limit is kept for each time at the 5th phase desk.
6. No more than two 5th phasers at the ob's desk at one time. Keep it neat and organized at all times.
7. During raps there is no talking. Talking is allowed only during lunch and/or dinner, and in-between raps. This also applies to answering questions.
8. Follow chain of command at all times. The only exception being if there are no trainees available.
9. You are responsible for watching the group and making sure that the rows are neat, even, and appropriate. Always check with staff if you wish to move or change any seating arrangement. Remember, the front two rows are the most important rows to watch. Always pay close attention to the newcomers on these rows.
10. You are allowed to go on permissions without parents, but these must be checked out by Senior Staff. If you are going out without parents, make sure there is a fairly large number of 5th phasers going.
11. On your days off while at home, your parents are allowed to have friends over and relatives from in or out of town.
12. You are allowed to make any stop-off's necessary to and from Straight with your parents and on your days off, unless of course, you have lower phasers with you.
13. If you are going on permissions with lower phasers, you must put in permission requests 72 hours in advance as usual.

14. Each new 5th phaser is required in each day for the first 7 days on 5th phase. This is to become familiar with the daily responsibility and daily procedure of being on 5th phase. This is the time to ask questions and become involved in various tasks that you will encounter while on 5th phase.

#### 5TH PHASE RULES FOR MIXED GROUP PERMISSIONS

1. There is to be a minimum of five people on each permission.
2. There is to always be an odd number of people.
3. There is to be at least two of each sex.
4. There is no associating with lower phasers while on permissions.
5. There is no going to drive-in theatres.
6. There is no bunching off into couples or alone while on permission; stay together at all times.
7. There is no meeting at homes or foster homes unless a parent is present.
8. There is no buying or paying for others wants and needs.
9. There is no permissions beyond 9:00 pm on week-day nights; and none beyond 11:00 pm on week-end nights.
10. There is no more than one mixed group permission per week.
11. There is no permissions granted without parent or foster parent signature.

#### NOTES:

\* Fifth phase mixed group permissions are a privilege and are to be used properly. If common sense is not used or rules are violated, these privileges will be taken away with possible program consequences.

\* Fifth phase mixed group permissions are a nice chance to grow and to learn the constructive use of friendship and group dating.