Parents Checklist

Have You Observed . . .

School tardiness, truancy, declining grades
✓ Loss of motivation, energy, self-discipline
Loss of interest in activities, hobbies
✓ Forgetfulness — short or long term
Short attention span, trouble concentrating
Aggressive anger, hostility, irritability
Sullen, uncaring attitudes and behavior
— Family arguments and strife with you or siblings
Disappearance of money, valuables
✓ Unusual mood swings
✓ Changes in friends, evasive about new ones
Unhealthy appearance, bloodshot eyes
Changes in personal dress or grooming
Trouble with the law in or out of school
Unusually large appetite
Use of room deodorizers and incense
✓ Drug-related graphics and slogans
— Pipes, small boxes or containers, baggies, rolling papers, or other unusual items



Key Facts About STRAIGHT

- STRAIGHT has treated over 50,000 family members nationwide since it was established in 1976.
- STRAIGHT is recognized as the largest and most successful long-term adolescent drug treatment program in the nation.
- STRAIGHT is accredited by the Joint Commission on Accreditation of Healthcare Organizations—the nation's leading healthcare accreditational agency.
- · Many insurance companies recognize this accreditation.
- 70% of STRAIGHT graduates remain drug free following treatment.
- STRAIGHT provides a structured Treatment Program comprised of Five Phases, plus an Aftercare Program;

First Phase: The adolescent lives with a host family who has a child in an advanced stage of the STRAIGHT Treatment Program. The adolescent confronts past drug-using experiences and works on developing a positive self-concept.

Second Phase: The adolescent returns home and begins working on family relationships.

Third Phase: The adolescent returns to school or work and must say no to the peer pressure to use drugs.

Fourth Phase: The adolescent begins staged withdrawal from active involvement in the program. The young person works on constructive use of leisure time and develops positive friendships.

Fifth Phase: The adolescent has recaptured a well rounded drug-free lifestyle and concentrates on social responsibility and service to others.

Aftercare: Upon graduating from the Fifth Phase, adolescents and their families have access to Aftercare—a six month program continuing group therapy.

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