RULES FOR SEVEN STEPPERS

- 1. Honesty.
- 2. No talking behind anyone's back.
- 3. No associating with suspensions, pull-offs or terminations.
- 4. No guy/girl relationships for the first six (6) months. If you are attracted to someone and/or think you might like to date him/her after your six months, you should not be in each other's close company. You would be placing yourself in a very vulnerable position.
- 5. M.I.'s are mandatory for the first six (6) months.
- 6. Use common sense.
- 7. Seven Step Raps must be attended for the first six (6) months—for the first three (3) months every Tuesday and Saturday——the remaining three (3) months, once a week. Out—of—town Seven Steppers must attend Alcoholics Anonymous/Narcotics Anonymous meetings instead of Seven Step Raps at the same frequency.
- 8. After the first three months you must attend <u>every other</u> rap unless you have prior permission from the officers or staff.
- 9. Alcoholics Anonymous/Narcotics Anonymous must be attended once every other week the first three (3) months. The second three (3) months you must attend one meeting a week. This applies to all Seven Steppers.
- 10. If you are at Straight, be in group fifteen (15) minutes before rap.
- 11. Parent Rap is once a month on the third Saturday of the month.
- 12. Michigan area families must attend the Parent/Seven Stepper Rap on the first Sunday of each month.
- 13. What you hear here and what or whom you see here, remains here.
- 14. No loitering, smoking, or playing on the premises of Straight.
- 15. Shoes must have backs. No decals on shirts. Dress as you would on Fifth Phase. Remember where you've come from and share where you are going. Your example to group is important.
- 16. No playing of radios on the premises of Straight.
- 17. If you are late for your required rap, you must make it up on the first available rap night after your first three (3) months.
- 18. In-town parents will attend the parent-only rap the first Saturday of each month, 7:00-9:00 p.m. Previously this was a voluntary rap.
- 19. Out-of-town parents will attend two support group meetings a month.

 Preferential choices would be Toughlove, Families Anonymous or Alanon.
- 20. Your aftercare does not cease when Straight's required six (6) months aftercare is ended. It is strongly recommended that you continue attendance at Seven Step Raps and/or Alcoholics Anonymous/Narcotics Anonymous meetings at least once a week.