

Sixth Handout

C. D. FAMILY DISEASE

C. D. PERSON

OTHER FAMILY MEMBERS

Stage 1: Learning the Mood Swing

(No effect)

Stage 2: Seeking the Mood Swing

Stage 1: Learning Roles

Family members experimentally try different behaviors to "cope" with the druggie's sick behavior.

Stage 3: Preoccupation with the Mood Swing

Stage 2: Adopt and Practice a Role

Family members select one of the roles with its characteristic behavior as their "persona" in the family to deal with druggie's progressively worsening problem.

Stage 4: Use to Feel Normal

Stage 3: Compulsive Practice of Role

As the C. D. person's behavior and situation worsens, family members desperately respond with compulsive practice of their roles.

Stage 4: Escape

All efforts have failed so now family members flee by divorce, 'leaving home', becoming chemically dependent, or suicide.