Chemically Dependent Family

C.D. PERSON

ANGER
AGRESSION
CHARM [CON]
COMPULSIVE
RIGID
GRANDIOSITY
PERFECTIONISM

SHAME
PAIN
GUILT

TRAP OF SELF DELUSION

ENABLER

POWERLESS
FRAGILE
SERIOUS
SELF—PITY
SELF BLAMING
MANIPULATION
SUPER—RESPONSIBLE

GUILT
ANGER
PAIN
FEAR

PROVIDES RESPONSIBILITY

HERO

SUCCESS
DENIAL
SUPER RESPONSIBLE
NEEDS APPROVAL
SPECIAL
ALL TOGETHER
INDEPENDENT LIFE

INADEQUACY
GUILT
HURT

PROVIDES SELF WORTH

SCAPE GOAT

STRONG PEER NEEDS
DEFIANT
CHEMICALLY DEPENDENT
WITHDRAWN
SULLEN
ACTS OUT

ANGER
HURT
REJECTION
FEAR

PROVIDES FOCUS

MASCOT

HUMOR
ATTENTION
CLOWN
FRAGILE
BEING OUT
HYPER—ACTIVE

INSECURITY
FEAR
CONFUSION

PROVIDES DISTRACTION

LOST CHILD [PASSIVE ADULT]

WITHDRAWN
QUIET
ALOOF
DISTANT
OVERWEIGHT
SUPER INDEPENDENT
REJECTION

FEAR
RAGE
CONFUSION
HURT

Provides Relief

survivingstraightinc.com