

HELPFUL TIPS FOR TAKING HOUSEHOLD

PARENTS

Here are some helpful hints when taking household. These are for your information and to help reduce stress on oldcomers. If you forget, you will be reminded by the oldcomers.

These rules may seem odd and excessive at times, but they are in place to protect everyone involved. These hints do not include rules for getting your house ready to take household.

- Make sure you have plenty of gas before picking up household.
- When picking up household, you need to have your keys in your possession, as well as any purse, wallet, cell phone.
- Turn radio off before phasers get in the car. No radio is allowed as long as there are 1st through 3rd phasers present.
- Only one door in the vehicle can be opened at a time while the phasers are loading in a car. This includes the hatchback of any SUV or car. (Think of it as only allowing one escape route). Don't worry, if you forget, the kids will remind you.
- The phasers are allowed to roll windows down 6 inches only.
- Please have all child locks for the back doors of four-door cars engaged. If you have an older car, the phasers will have to "leg-lock" themselves to each other. Childproof locks are located in the door when opened. Follow instructions to engage.
- The kids have to be buckled before the car can move. The kids will enforce this rule.
- The dome lights in the car can be turned on when you reach the cemetery on Branch Hill, or when you reach McDonalds on route 28. This is to provide light for Moral Inventories if needed.
- The lights have to be turned off when you turn into your neighborhood. This is to protect anonymity of newcomers.
- If possible, pull directly into an attached garage and close garage door before phasers get out of the car. If this is not possible, park the car as close to an entrance to the house as possible.
- Newcomers have to be belt looped before getting out of car. One door open rule applies, even in a closed garage.
- Have an area either in an attached garage or in a secure area where the phasers can place their shoes.
- If there are medications to be locked up, the oldcomers have 20 minutes to give them to a parent. Parents must observe the child with medication actually take the medication. The parent must sign, date and time the Docudose after the child takes the medication.
- You can provide over the counter medications if requested. (For example, Tylenol, Motrin, Sudafed within recommended dosages). A med time form has to be filled out in entirety and signed by both household phaser and parent.
- Have a set of household rules posted on the phaser door as well as in your possession to refer back to when needed. First and 2nd phasers must be in bed by 11pm, 3-5th phasers by midnight, but household rules prevail. Please see examples attached.
- All kids must have a vitamin daily. Flintstones with calcium chewable is a favorite.
- There has to be one parent in the house at all times. If there is an absolute need to go in the garage, you are allowed to do so for only three seconds.
- There is no TV or radio allowed within earshot of any phaser less than fourth phase.

- Reduce stress on your child by not discussing any other phaser in the program unless they are present. This is referred to as "Talking behind backs" and you will quickly be asserted with "TBB!". This includes discussing your child with another phaser when not present. This is for a very important reason. The kids divulge very personal information in groups during program because they know confidentiality will be upheld. If the safety of that privacy is in question, phasers may not feel as safe opening up during group. Asking a phaser about another child can potentially undermine this process.
- Avoid discussing anyone in terms of "them, he, she" etc., if the person being discussed is not physically in hearing distance. This is referred to as "Talking in general" and you will be quickly asserted with "TIG!".
- Avoid discussing any staff member, family member of a phaser, or anything that occurred during Friday open meeting – another "TBB" or "TIG".
- The bottom line is "If in doubt, go without" – meaning if you want to discuss something that might earn an assertion, you're better off not doing so with a phaser.
- As a household parent, you have the right to call the program during business hours to report anything that is troubling, i.e. a phaser illness, a phaser that seems to be high risk.
- On Thursday evenings oldcomers have to fill out a Newcomer Observation (NEWCOB). This requires a parent signature and comment. Oldcomers provide constructive criticism on the newcomers in the house. Parents can contribute with comments regarding newcomer attitude in house, such as politeness.
- Household parents may be asked to sign permission slips for days off of a child other than their own. This is okay.
- All rules driving from program to home apply when driving from home to program. When you arrive at KHK, do not drive off until you have watched for the phasers to make it into the building.

PHASER RESPONSIBILITIES

These are some guidelines per phase of what privileges are allowed in the home. As a parent it is not your job to enforce these rules. The oldcomers will assert newcomers when necessary.

FIRST PHASE

- Must ask oldcomer for permission to stand, sit, pick up.
- Not allowed within kitchen limits.
- Has to have an oldcomer with him/her at all times.

SECOND PHASE

- Has to be aware of first phaser at all times (if only oldcomer in household)
- Can go into kitchen.

THIRD PHASE

- Can go outside for allotted amount of time, with permission, half of that time being spent on yard work. A parent must be present.
- Can touch money, wear watches
- Has to be aware of first phaser at all times (if only oldcomer in household)

FOURTH PHASE

- Music and TV allowed if there are no 1st through 3rd phasers present.
- Allowed one day off during the week with permission 72 hours in advance from program.
- Must be aware of first phasers at all times (if only oldcomer in household)
- Can go outside in the yard within view of parent without permission.
- Has phone privileges and can call productive friends from the past.

FIFTH PHASE

- Can drive with parent present.
- Can spend time with productive friends from past.

* Clinical/therapy inside host homes
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