

1. Honesty
2. What you see here, what you hear here, what you do here--remains here.
3. No dating on your phases and for six (6) months after.
4. Guys wear shirts--girls wear bras.
5. No hitchhiking or picking up hitchhikers.
6. No borrowing money, candy, or cigarettes.
7. Everyone must wear shoes and socks.
8. No newcomers talking to newcomers.
9. Dime therapy--get three (3) oldcomers' phone numbers. It is the kid's responsibility to get the phone numbers before going home on Second Phase.
10. No breaking anyone's anonymity.
11. Permissions must be first OK'd by parents, then by Staff, and requested at least 72 hours in advance.
12. No talking behind anyone's back.
13. Follow chain of command.
14. Report all stashes (drugs or stolen articles).
15. Report anyone who you think may split to Staff.
16. No cameras, tape recorders, or radios in building.
17. Check out dropoffs.
18. No wearing jewelry or makeup on any phase.
19. No making or receiving phone calls or letters on Phase 1, 2, or 3.
20. Report any suspicious looking character.
21. All medications must be checked out by Staff.
22. No telling your parents your host parents' name or phone number.
23. If you are late, you make up a day. If your newcomer is late, you make up a day for him/her.
24. No stopping anywhere going to or from STRAIGHT.
25. If you get sick, report it to Staff.
26. No talking in the bathrooms.
27. No animals allowed in building.
28. No overalls or white T-shirts.
29. No radio, T.V. or reading on First and Second Phase, except for Bible on Second Phase.
30. No talking out in Group.
31. No going outside on First and Second Phase.
32. No hanging out in parking lot.
33. No druggie friends or druggie hangouts.
34. No going to sleep with radio on.
35. No 98 Rock or Saturday Night Live.
36. Pick up all trash around your seat.
37. No leaning or slouching.
38. No getting out of your seat without permission.
39. Knock on all doors before entering.
40. Hang on tight to newcomers by the belt loop.
41. Sign in.
42. What you hear in Staff office stays in Staff office.
43. No asking questions of 5th phasers or Staff during raps.
44. No newcomers wear belts.
45. Go over newcomer's M. I. at nighttime.
46. No playing off.
47. No lifting weights until Third Phase.
48. No crew cuts.
49. No shirts with printing or pictures on in Group.
50. No leaving Group without Staff permission.
51. No R rated movies.
52. No shoes without backs.
53. No lying about what you're wearing M.I.'s.

The following guidelines should be practiced while in the BUILDING:

It is suggested that cameras, tape recorders or radios not be brought into the building.

Animals are not allowed in the building, due to health regulations.

It is recommended that clients arrive at the building and come directly into the facility.

Sign in and sign out sheets are provided so staff knows where clients are at all times.

GENERAL guidelines:

Clients are asked to use only their own money.

Permissions should be approved by parents, then by staff, and are requested to be submitted 48 to 72 hours in advance.

Clients should take questions to the appropriate supervisor.

All medications need to be approved by medical staff.

First and second phasers need individual permission to be outside the home or building.

Newcomer clients are escorted by older clients.

It is suggested that older clients help newcomer clients by going over Moral Inventories at home.

Joint bank account, including both client and parent signatures, are recommended.

OPEN MEETING guidelines:

Respectful attention to the person speaking is recommended.

It is recommended that clients stand when their parents are speaking to them.

Open Meeting introductions include client's name, age, drug list, length of drug use and length of recovery.

Talks are an appropriate time for clients to discuss past incidents with parents.

Clients should submit items requested from parents to the appropriate supervisor.