

Parents Request For Level Changes

To Reach



Level 2:

- (1) Attend all New Parent Orientation Sessions
- (2) Recite 12 steps
5 criteria
3 signs
Serenity Prayer
- (3) 14 MI's (not necessarily in a row).
- (4) 2 Home Visits (One during Family rap)
- (5) Go to 2 self-help groups (open or closed).
- (6) Obtain an oldcomer sponsor parent.

Level 3:

- (1) 7 MI'S
- (2) 14 day (consecutive) journal focusing on Family issues (past and present and how they concern parent)
- (3) 2 dime therapy to oldcomer parents per week
- (4) Read 3 chapters in NA book (including) "How It Works" and 2 chapters in AA book.

Level 4:

- (1) 7 MI'S/RSA'S
- (2) 14 day (consecutive) journal focusing on job, school or outside of home activities (whichever pertains)
- (3) 1 oldcomer talk to group during open meeting
- (4) 2 dime therapy to oldcomer parent per week
- (5) Sponsor a newcomer parent for remainder of your program.

To Graduate:

- (1) 3 Meetings (NA, AA, Alanon, Tough Love), can be attended with child
- (2) 2 dime therapy calls to oldcomer parent per week

- (3) 14 day journal focusing on goals and examining leisure activities.
- (4) 7 MI'S/7 RSA'S.
- (5) Recite 12 steps
5 Signs
3 criteria
Serenity Prayer
- (6) Will have attended at least 2 Parent Weekends (for its entirety)
- (7) Give back to Pathway in some way
(possible needs suggested by clinical director)