

FLORIDA: IN REVIEW

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FLORIDA ALCOHOL AND DRUG ABUSE ASSOCIATION
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HEAD OF HRS RESIGNS

In an unexpected move, Alvin Taylor resigned from his position as Secretary of the Department of Health and Rehabilitative Services, effective immediately. Mr. Taylor served as Secretary of HRS for 15 months, since July of 1980. Mr. Taylor stated that he had been offered an opportunity in the private sector which he could not turn down.

Mr. Taylor had worked for HRS for the past 16 years, beginning in 1964 as a sanitarian in Hillsborough County.

PINGREE TO HEAD HRS

David Pingree, Deputy Chief of Staff for Governor Graham, was named to succeed Alvin Taylor as Secretary of HRS, a position he held prior to Taylor.

Pingree, who had been scheduled to become the Governor's Chief of Staff on November 1st, said that he decided to take the job "because the Governor asked me". Pingree also said that he plans to remain in this position until at least early 1983. He promised to be around to see HRS through the upcoming federal cuts.

Before joining the Governor's staff in July of 1980, Pingree was HRS Secretary for 18 months. He also served as Assistant Secretary of Administration and Assistant Secretary of Operations at HRS.

NIAAA DIRECTOR RESIGNS

John DeLuca, Administrator of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) for the past 2½ years, announced his resignation effective October 31st.

DeLuca's resignation followed severe budget cutbacks which will shift the emphasis of NIAAA's activity towards research. "The Institute should now have a director with scientific and research credentials", said DeLuca who was the first NIAAA Director not to have a medical/psychiatric background.

The Alcohol, Drug Abuse and Mental Health Administration (ADAMHA) will be conducting a nationwide search for a successor. Mr. Loran Archer, NIAAA Deputy Director will serve as acting director.

DR. CHAFETZ KEYNOTES LUNCHEON

At the keynote luncheon of the Annual Conference, Dr. Morris E. Chafetz, Founding Director of NIAAA, presented a pessimistic picture of future activities at the federal level, but left the audience with considerable food for thought.

Dr. Chafetz stated that he had been asked to present an update of activities at the federal level and compared this charge to a request that a father preside at the execution of his child. Dr. Chafetz contended that federal cutbacks were not necessarily a

Continued page 3

FIRST ALCOHOL & DRUG ABUSE CONFERENCE A RESOUNDING SUCCESS

Response from the 200 participants in the First Annual Conference of the Florida Alcohol and Drug Abuse Association indicates the conference was a resounding success.

Located in the beautiful setting of the Don Cesar Beach Resort, the conference combined numerous learning experiences with excellent opportunities for socializing and relaxing with other participants.

Presenters with national perspectives included Dr. Carlton Turner, White House Senior Advisor on Drug Policy and Dr. Morris Chafetz, Founding Director of NIAAA. Key officials at the state level who also presented included Mr. Abe Levine, HRS Assistant Secretary for Program Planning and Development; Dr. Bob Constantine, Director of the Alcohol, Drug Abuse and Mental Health Program Office; Mr. Frank Nelson, Administrator of the HRS Drug Abuse Office and Mr. Clarence Durham, Administrator of the HRS Alcohol Office.

The primary clinical sessions were presented by Ms. Jacqueline Small. Jackie presented a positive and dynamic model for dealing with alcohol and drug abuse dependency.

Continued page 3



Dr. Bob Constantine addresses first annual conference.

JACQUELYN SMALL ADDRESSES CONFERENCE

Jacquelyn Small, author of *Becoming Naturally Therapeutic* and *Transformers: The Therapists of the Future*, offered an inspiring and creative treatment model for the field of addictions. Jackie is considered a pioneer in the field of chemical addiction as she integrates her knowledge of Psychosynthesis and transpersonal psychology into the training of addiction counselors.

The initial session "Journey Beyond Abstinence" focused on how to assist a person to continue growing after achieving sobriety. By combining both eastern and western spiritual philosophies, Ms. Small points out that the tools to growth are within the individual and it is the therapist's role to tap into the total being as a resource. Ms. Small reports from her experience that most chemically dependent people can not tolerate to live life as "ORDINARY" and they seek out "PEAK" experiences. It is this energy or drive that is utilized to move the client into a position of self master by introducing them to their inner self and by educating them to the universal laws which apply to all life forms.

In the second session entitled, "Transformers: The Addiction Therapist of the Future," Ms. Small discusses the theory of self-transformation. This model offers a positive, idealistic, self actualization approach to the therapeutic process in the chemically dependent person. Ms. Small describes a transformer as one who views the individual in their wholeness and draws on the strengths of the individual. This means accepting the client for who they are and assisting the client to outwardly manifest the "real" nature of their being.

A reformer, on the other hand, attempts to change the client. The client tends to feel unsupported and lacks the appreciation of the natural unfolding of the self. Reformers tend to have temporary impact on the lives of those seeking freedom from negative dependency.

In the final session, "The Nature of Addiction," Ms. Small explores the nature of constricted energies of the addictive personality and the therapeutic task for transforming each level of addiction. These are discussed in detail in her book, *Transformers: The Therapist of the Future*.

It was the presenter's premise that we must work with the whole person, the spiritual self, the emotional self, the mental self and the physical self in order to move from a position of fragmentation to a position of integration.



Top: Jackie Small leading plenary session.
Upper Left: Dave Schmelling between tennis and workshops.
Upper Right: Main Ballroom—luncheon.
Center: View from Don Cesar.
Lower left: Keynote luncheon: Dr. Chafetz
Lower right: Terry Sloan (l) and Charlie Lincoln (r) discussing strategy.



WHITE HOUSE ADVISOR ADDRESSES CONFERENCE

In his keynote address, Dr. Carlton Turner, the White House Advisor for Drug Abuse Policy, pointed out that marijuana is one drug that is most often misunderstood. The message was clear that marijuana usage is not safe for young people. Dr. Carlton stated that the issue of marijuana is a very complex one. Research on marijuana is not yet complete and the results presently being generated indicate that all is not known about the drug and its negative impact on the user. He cautioned professionals to be careful in how they deal with the marijuana issue. Just the choice of drug classification, "soft and hard", with marijuana being "soft", has contributed to the false perception and misunderstanding about the drug.

Dr. Turner, quoting President Reagan, emphasized the federal commitment to deal with the drug problem on all fronts: eradication, law enforcement, prevention and finally treatment. He indicated that in the area of drug abuse programming, emphasis needs to be shifted from treatment of the hard core addict to additional activities in drug abuse prevention. However, all this will have to be accomplished within the reality of reduced federal spending for prevention and treatment. Private industry funding, third party reimbursement and community involvement were suggested as future alternatives to traditional federal spending. He applauded the efforts of the parent groups for their involvement in dealing with the drug problem.

Dr. Turner recently moved into the position of Drug Abuse Policy Advisor this past July (an office that has been unfilled since January, 1981). Prior to this position, he was involved in research on marijuana and other drugs at the University of Mississippi Research Institute on Pharmaceutical Sciences.

REP. FRED LIPPMAN

To be honored for second consecutive year

For the second consecutive year, Rep. Fred Lippman (D-Hollywood) will be honored by the Florida Alcohol and Drug Abuse Association for his continued support of alcohol and drug abuse treatment and prevention.

Rep. Lippman, who received an award from the Association last year, was instrumental this last session in obtaining funds to replace the alcohol and drug abuse formula funds cut at the federal level. In addition, he co-sponsored legislation which allowed for the increase in the Baumgartner reimbursement rate.

Rep. Lippman will be honored by the Association at a later date.

This newsletter is published monthly by the Florida Alcohol and Drug Abuse Association.

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Chafetz - continued

bad decision as it was logical that at some point for programs must "wean themselves" away from federal funding.

Dr. Chafetz cautioned the audience not to focus on superficial issues such as warning labels on alcohol containers but challenged participants to channel their energies into issues which directly impact on our clients.

Dr. Chafetz also stated the need for efforts to increase insurance coverage for alcohol and drug abuse services as federal funding becomes more and more limited.

Continued from Front page: Conference Success

In addition to the keynote address and plenary sessions, several mini-workshops were delivered:

Achieving Self-Sufficiency—Jan Roberts
The Parents Movement in Drug Abuse—Shirley Coletti
Pat Barton
Jerol Phillips

Insurance Payment for Alcohol
and Drug Abuse Svcs.—Joe Spatafora
Drug Abuse Training Resources—Dick Warfel
Mark Fontaine

Treatment-Working with Unmotivated Clients—Jim Sleeper
Dick Jacobs

Children's Mental Health Services—Dave Schmelting
Credentialing—Mark Fontaine
Dick Warfel
Ruth Rudd
Jenny DeLoach

Methadone Programming—Lyvon Covington, FDA
The Myers Act—S. George Clark, HRS

Several excellent exhibits and a media fair, rounded out the resources available to conference participants.

Highlighting the social aspects of the conference was the sunset dinner cruise. More than 150 participants shared in this three-hour dinner-dance cruise of beautiful Boca Ciega Bay.

Mr. Terry Sloan, Conference Chairperson, stated: "What a super starting point for the Florida Alcohol and Drug Abuse Association to have this kind of First Annual Conference!! People left feeling positive about the event, about each other and about themselves. That should solidify and enhance both the Florida Alcohol and Drug Abuse Association and the kinds of services alcohol and drug abuse professionals are delivering in our state."

HRS UPDATE

Joined by Representative Beverly Burnsed, Chairman of the House HRS Committee, officials from the Department of Health and Rehabilitative Services addressed participants at the Association's First Annual Conference regarding the impact of federal block grants and cutbacks.

Following an overview by Mr. Abe Leyine, HRS Assistant Secretary for Programs Planning and Development, Dr. Robert Constantine, Director of the Alcohol, Drug Abuse and Mental Health Program Office presented the most recent information regarding federal cutbacks. Dr. Constantine stated that though the cutbacks would be felt in July of '81, the most significant impact would not be felt until July of '82.

Dr. Constantine also presented an overview of his thoughts concerning the alcohol, drug abuse and mental health state plan. He stated that though the plan guidelines would identify the problems caused by funding cuts as well as those presently existing in the system, the plan guidelines will not propose one model as a solution to these problems.

Following Dr. Constantine, Mr. Frank Nelson, Administrator of the HRS Office of Drug Abuse and Mr. Clarence Durham, Administrator of the HRS Office of Alcohol addressed the group.

PROGRAMS CLOSE

On October 30, 1981, the Comprehensive Drug Program in Dade County will be closing its doors. The Program Administrator, Marshal Farkas, Ph.D., states that programs are closing down because "the county could no longer continue to support their share of the dollars. Without the support of the county, there is no way to continue the present services."

The comprehensive program is responsible for coordinating and monitoring drug abuse services in Dade County as well as providing methadone and outpatient treatment services.

The decision to close the comprehensive program will result in several programs closing their doors. Besides the administrative unit, the following eight programs will close:

- Community Outreach III
- Community Outreach VIII-Dialogo
- Unity House
- Model Cities Counseling/Outreach Center
- Community Family Counseling Center
- Coconut Grove Outreach
- North Dade Counseling Center
- TASC (*)

(*) The Status of the TASC program is uncertain at this time. There has been a move by the Criminal Justice system in Dade County to support continuation of these services.

All of the programs combined account for 431 outpatient treatment slots.

Only the two methadone programs, Model Cities and Bayshore, will stay in business. 349 treatment slots are shared by these two programs.

The HRS district XI Administrator and staff from the State Drug Abuse Program Office have been working to develop a plan for drug services in Dade County. At this time, it appears that the administrative functions previously provided by the comprehensive programs will be taken over by the District Office. Additional staff (OPS) will be hired by the District in order to provide the coordination and monitoring functions. The total administrative cost is projected at \$150,000. The plan also calls for a return to the affiliate programs the 15% administrative costs they have paid to the comprehensive programs, thus providing a 15% increase in the operating budgets of each affiliate agency.

No other decisions have been made at this time regarding reprogramming of the remaining funds and/or slots.

According to Dr. Farkas, closing down of the comprehensive program will result in a minimum of 35 counselors and administrators being terminated, most of whom are degreed and have a high level of experience. Efforts are being made to assist these workers in finding employment. The Florida Alcohol and Drug Abuse Association will serve as a conduit to help these individuals in their employment search. Programs with vacancies are urged to notify the Association.

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LEGISLATIVE RECOGNITION

At the Association's Annual Conference, Representative Beverly Burnsed (D-Lakeland), Senator Gerald Rehm (R-Dunedin) and Representative Dennis Jones (R-Treasure Island) were presented with awards by the Florida Alcohol and Drug Abuse Association in recognition of their support during the past legislative session. Senator Rehm and Representative Jones sponsored legislation which allowed for increase in the Baumgartner reimbursement rates.

Representative Burnsed, Chairman of the House HRS Committee and a member of the House Appropriations Committee, sponsored the legislation which changed the name of the Mental Health Program Office to the Alcohol, Drug Abuse and Mental Health Program Office. She was also instrumental in the appropriation of state funds to replace the alcohol and drug abuse formula funds cut at the federal level.

President of the Association, Mr. Charles Lincoln, praised the lawmakers for their support of alcohol and drug abuse treatment and prevention at a time when many policymakers have not acknowledged the severity of alcohol and drug abuse related problems.

It was also announced at the Annual Conference that Senator John Vogt (D-Cocoa Beach) will be recognized by the Florida Alcohol and Drug Abuse Association for his support of alcohol and drug abuse services.

Senator Vogt sponsored legislation in the Senate which changed the name of the Mental Health Program Office to the Alcohol, Drug Abuse and Mental Health Program Office. Senator Vogt was also instrumental in obtaining state funding for TASC programs.



Charlie Lincoln presenting awards to Rep. Beverly Burnsed and Rep. Gerald Rehm.

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