

Bill Oliver  
813/576-8929

in St. Petersburg

Straight formed by 10 # parents

started 1995 year open 1996

help by psychologist

St. Petersburg/Tampa Bay & # Ctrs  
Orlando  
Atlanta  
Cincinnati  
Detroit

WDC/Springfield +4,000 # Kids helped  
Boston  
Dallas (soon)

Disc for + ctrs, (ie. Costa Rica)

Success rate 64% after 1 yr D-F  
74% of all enter, complete  
64% of " " one D-F 1yr after prog.

Evolves around parents, family & community.

Best Foster parent concept - kid stays home w/ family

Cost 3-4k # per yr. vs. —

Drugs most often treated  
alc, pot, hash, PCP, cocaine  
→ # of steps = 7

familiarity

the

Dr. Hebert Goldstein  
vs program

Straight, Inc. - 642-1980

- Mel Sembler

More kids in treatment 800  
in treatment

No commitment in C.R.; but

+ Ctrs in various regions  
incl. (London 1/26)

\* need staff prepared not cities

In building 12 hrs = "host homes" = still  
on program.

5 Phases of Program:

- 1) themselves - not crazy
- 2) family
- 3) school - learn
- 4) positive friendships - leisure time
- 5) Rtn to society what we take from it.

Pot, alcohol, + red cocaine + then mix  
→ very little heroin.

When kids get into drugs, they throw  
away lives in 5 stages: 1) positive  
things (like church) 2) straight friends;  
3) school; 4) family 5) themselves

Dealing w/ kid whose addict: effects  
siblings (conspiracy) & the parents  
(failure).

→ a lot of work w/ family. etc

Counsellors

Professional - ± 20 kids

Peer = lots 1 per 10-15

Most is lrg grp counselling. = peer  
pressure. positive, role modeling.

Nothing new kid done that something  
someone else has done.

## STRAIGHT, INC

- o Straight was started by 10 parents in St. Petersburg, Florida in 1975 and opened in 1976 (it took a year to get off the ground).
- o The first center was opened with the assistance of Dr. Herbert Goldstein, a psychologist, who was familiar with treatment needs and the importance of the family.
- o Dr. Goldstein still works with Straight and is responsible for visiting centers and reviewing their program. He is their "quality control."
- o Straight has helped over 4,000 young people and there are an estimated 800 students in existing centers.
- o Straight centers are located in:
  - \* St. Petersburg/Tampa Bay (first center)
  - \* Orlando
  - \* Atlanta
  - \* Cincinnati
  - \* Washington, D.C./Springfield, VA
  - \* Boston
  - \* Detroit
  
  - \* Dallas will open a center soon
- o There are many cities requesting centers, including Costa Rica and London. In fact, discussions will begin on January 26 for officials in London.
- o There is considerable time required in training counsellors, so the delay in opening more centers is a result of training time and not need or desire.
- o About 74% of all of the kids who enter Straight graduate and of that 74%, 64% are drug-free one year after graduation.
- o Pot and alcohol are tied for the most frequent drug of abuse. Cocaine is rising and now ranks third (under pot and alcohol). There is very little heroin.

### Philosophy

Dealing with a child who is an addict -- the siblings are affected because they know things the parents don't know; and the parents are affected because their initial reaction is that they failed. Therefore, Straight concentrates a lot of the work on activities with the family. Also, because most young people's activities (school classes, parties, etc) are done in groups, the counselling is done in group sessions.

When a child gets involved with drugs, they throw their life away in 5 stages:

- 1) Positive things/activities (i.e. church groups);
- 2) Straight friends;
- 3) School (activities and classes);
- 4) Family; and
- 5) Themselves

The Straight program tries to reverse that behavior and focuses on the following five phases (in order):

- 1) Themselves -- convince them they are not crazy, that what they have done is not unique and they can become a good person.
- 2) Family -- involve the siblings and parents to reopen lines of communication and teach ways to live with a family.
- 3) School -- that they can learn if they are not drugged, they are not stupid.
- 4) Positive alternatives and friends -- teach them how to have a good time, make straight friends and attend parties without doing drugs.
- 5) Society -- you must return to society what society gives you, teach them responsibility for their actions and what they can contribute to society.

Notes from Bill Oliver (813/576-8929) & Mel Sembler  
January 13, 1986: Sd

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The Straight program tries to reverse that behavior and focuses on the following five phases (in order). The time is approximate and varies from child to child. However, every 2 weeks, each child is reviewed by the group and staff. To progress in each phase, the child must first pass the approval of the group and then review by the staff.

- 1) Themselves -- convince them they are not crazy, that what they have done is not unique and they can become a good person. (60 days - inpatient) *Foster Home Host Home*
- 2) Family -- involve the siblings and parents to reopen lines of communication and teach ways to live with a family. (30 days - day care in own home) *Own Home*
- 3) School -- that they can learn if they are not drugged, they are not stupid. (30 days - day care in own home)
- 4) Positive alternatives and friends -- teach them how to have a good time, make straight friends and attend parties without doing drugs. (120 days - outpatient) *After School*
- 5) Society -- you must return to society what society gives you, teach them responsibility for their actions and what they can contribute to society. (60 days - outpatient) *All Sds*

Straight teaches the child to live by these following 7 philosophies in each phase of their recovery.

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Seven Steps of Recovery:

- 1) Admit that I am powerless over drugs and come to believe that a power greater than myself can restore me to sanity.
- 2) Make a decision to turn my will and my life over to the care of God as I understand Him.
- 3) Make a searching and fearless moral inventory of myself daily.
- 4) Admit to God, myself and another human being the exact nature of my wrongs immediately.

- 5) Make direct amends to such people wherever possible except when to do so would injure them, myself or others.
- 6) Seek through prayer and meditation to improve my conscience contact with God as I understand Him. Praying only with the knowledge of His good will for me and the power to carry that out.
- 7) Having received the gift of awareness, I will practice these principals in all my daily affairs and carry the message to all I can help.