

DRUG, ALCOHOL TREATMENT AVAILABLE FOR TEENS

Lexington Herald-Leader (KY) - May 27, 1985

- Author/Byline: Susan White Herald-Leader staff writer
- Edition: FINAL
- Section: LIFESTYLE
- Page: C5

Here are some places that provide help for children who abuse drugs and alcohol.

Counseling resources in Lexington

Comprehensive Care Center, 201 Mechanic Street, 233-0444. Individual and group counseling by a mental health specialist trained to deal with adolescent substance abuse. Payment is on a sliding scale, based on income.

Possibilities Unlimited, 2628 Wilhite Drive, 276-1565. A highly structured, semiresidential program that lasts about two years. It's supervised by a psychologist but relies heavily on peer influence from other recovering children. Cost for the entire program is \$5,400 plus a daily food bill. Some insurance companies cover at least a portion of the treatment.

The Morton Center, 169 Burt Road, 276-1776. Individual and group counseling. Cost is \$50 an hour for individuals, couples or families and \$20 an hour for group sessions. Reductions may be made for those unable to pay the full fee.

Private counselors. Check with school guidance counselors or physicians for names of psychiatrists, psychologists, social workers and others who treat chemically dependent young people.

Residential programs in Kentucky

Brooklawn, 2125 Goldsmith Lane, P.O. Box 35217, Louisville, Ky. 40232, (502) 451-5177. A non-profit residential program. Cost is \$188 per day for the 45-day stay that is usually required. A treatment program for the child's family is included in that fee, along with unlimited care after release. Special financial arrangements will be made for those who cannot pay the full fee. Most insurance companies cover at least a portion of the treatment.

Charterton, 507 Yager Avenue, LaGrange, Ky. 40031, (502) 222-7148. A psychiatric hospital with a separate 18-bed unit for chemically dependent young people. Cost for the average 45-day stay, including 13 months of care after release, is \$12,000. Most insurance companies pay for most of the treatment.

Kids Helping Kids, Penny Walker, director, P.O. Box 75148, Cincinnati, Ohio. A partial residential program, located in Hebron, Ky., similar to Possibilities Unlimited. Cost is \$4,500, plus \$90 a month for food, for a program that usually requires between eight and 12 months. Most insurance companies cover at least part of the cost.

Out-of-state resources

Teen Challenge. For information, write or call Tom Lane, executive director of Teen Challenge of Lexington, 173 Woodland Avenue, 253-9333. A national drug and alcohol rehabilitation program, supported by the Assembly of God church and other denominations, with 100 residential centers throughout the nation. There is no fee for treatment, which is supplied by drug counselors and former users, but each person must be prepared to spend eight months to a year in the program, accept its religious orientation and do daily chores.

The Bridge, John Toto, executive director, 8400 Pine Road, Philadelphia, Pa. 19111, (215) 342-5000. A residential treatment program that accommodates 65 young people in a campuslike setting. Most patients stay nine months to a year, at a cost of \$62 a day. Most insurance policies cover at least a portion of the treatment.

Phoenix House Foundation, Dr. George De Leon, executive director, 164 West 74th Street, New York, N.Y. 10023, (212) 595-5810. A residential program that can accommodate as many as 200 young people, it incorporates a complete high school curriculum into its traditional treatment plan. Payment is on a sliding scale, with a maximum cost of \$1,500 per month for 15 to 24 months of treatment. Most insurance policies cover at least a portion of the treatment.

Phoenix House Foundation - California, Dr. David Deitch, executive director, 207 East Fruit Street, Santa Ana, Calif. 92701, (714) 953-9373. A smaller version of the New York program (35 to 40 young people can be accommodated), without the extensive high school program. Payment is on a sliding scale, with a maximum cost of \$1,500 per month for 15 to 24 months of treatment. Most insurance policies cover at least a portion of the treatment.

Primavera Treatment Center, Patricia Leighton, clinical coordinator, P.O. Box 898, Culpeper, Va. 22701, (703) 937-5133. A residential program for 18 young people, with part of the emphasis on outdoor wilderness experiences in the foothills surrounding the center. Cost is

about \$11,200 for 56 days. Most insurance policies cover at least half of the treatment.

Rural Adolescent Model, Karleen Lindell, director, Route 5, Box 257, Little Falls, Minn. 56345, (612) 632-2394. A residential program that accommodates about 14 young people. Average length of stay is 40 days, at a cost of about \$5,400. Some grant money is available for those who can afford only partial payment. Most insurance policies cover at least a portion of the treatment.

Lexington-area support groups

Alcoholics Anonymous, 276-2917. A group of recovering alcoholics who meet regularly to help each other stay sober. There are 47 meetings a week in Lexington.

Al-Anon, 276-2917. A support group for non-alcoholic family members and those involved with alcoholics.

Alateen, 276-2917. A support group for children of alcoholics.

Narcotics Anonymous, 278-NANA. A group of recovering addicts who meet regularly to help each other stay drug-free.

Nar-Anon, 278-NANA. A support group for relatives and families of drug addicts.

Families Anonymous, 293-0004. A support group for families of drug addicts.

- Memo: Series Teen-agers and drugs: The treatment
- Record: 8501210312
- Copyright: Copyright (c) 1985 Lexington Herald-Leader